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Dietary supplementation of new-born foals with free nucleotides positively affects neonatal diarrhoea management

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Abstract

Foals commonly experience diarrhoea in the first weeks of life. Although this condition is rarely life-threatening, it can have significant health consequences. This study investigated whether new-born foals can benefit from a dietary supplement of nucleotides, as already demonstrated in other species. Dietary nucleotides have positive effects on rapidly proliferating tissues and are considered “semi-essential nutrients” since cells have only a limited capacity to synthesize these compounds. The aim of this study was to investigate whether providing foals with a dietary nucleotide supplementation, in the form of an oral paste, was able to affect diarrhoea incidence, systemic immunity, intestinal microbiota and volatile fatty acid production. Thirty new-born standardbred foals, from 3 different premises within the same area, were equally distributed between two groups: one group received an oral paste containing dietary nucleotides (NUCL group), while the other received a placebo paste (CTRL group). Faecal and blood samples were collected on days 1 and 35 after birth. No statistical differences in cytokines (TNF- α , IFN- γ , IL-6, IL-12) or faecal calprotectin levels were found between the two groups, suggesting that the level of nucleotide supplementation used in this study did not have significant effects on the systemic immune system and on the levels of faecal calprotectin. However, the NUCL group showed a lower relative frequency of number of days with diarrhoea (6.12% vs 13.33%; $p < 0.001$) and greater weight gain compared with the CTRL group (50.3 ± 5.65 kg vs 44.0 ± 8.65 kg; $p < 0.05$). Total volatile fatty acids, branched volatile fatty acids, acetic acid, propionic acid, butyric acid, succinic acid and iso-butyric acids in faecal samples were all higher in the NUCL group compared with the CTRL group. This outcome may explain an earlier establishment of a gut microbiota in the foals of the NUCL group that was closer to that typical of an adult horse, characterised by predominant fibrolytic populations. Volatile fatty acid production (especially butyric acid) has also been shown to correlate with the intestinal well-being of the horse, supporting the use of dietary nucleotide supplements for improved health and well-being in new-born foals. Although we noted no clear differences in the faecal microbial communities between the two groups, dietary nucleotide supplementation did appear to have a positive clinical outcome, reducing the number of days of diarrhoea and increasing the levels of volatile fatty acids.

Keywords Nutrition, Microbiota, Volatile fatty acids, Equine, Neonatology, Supplement, Nutrient, Nucleotide

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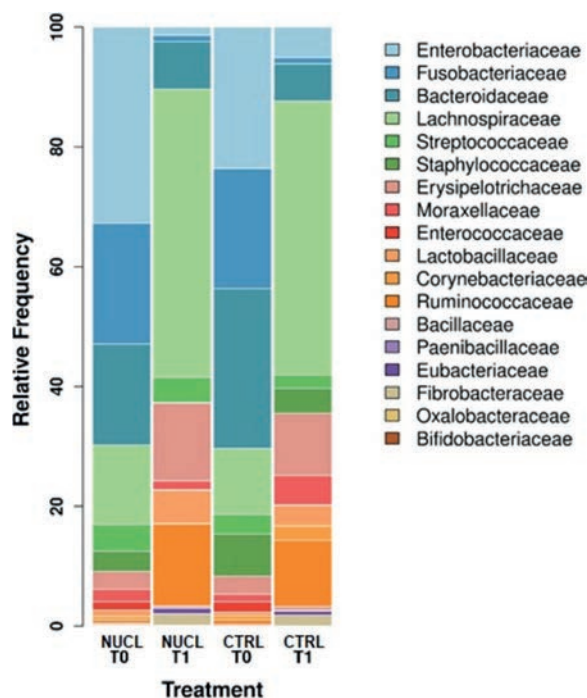


Fig. 7 Average faecal bacterial microbiota of the foals divided according to time of collection (T0 vs T1) and treatment group (NUCL vs CTRL). Bacterial microbiota structures at the family level on day 1 (T0) and day 35 (T1) of birth. The two experimental groups share the same predominant families, but a change in the relative abundance of each family was observed between the two clusters

Previous studies in animals [77, 79] and human neonates [80, 81] showed increased weight gain when dietary nucleotides were added to the diet. Similarly, the foals receiving the nucleotide supplementation in the present study showed greater weight gain compared with those in the control group. As hypothesized by Jang et al. [79], this effect could be a consequence of reduced intestinal inflammation and improved intestinal villi structure and energy digestibility. Nonetheless, the observed effects on the microbiota could also have played a role in their better growth performance. The importance of the microbiota in foal development is crucial as it can be affected by different dynamics, including exposure to transient, non-colonizing organisms via the mare and the environment [54], adaptation to rapid and continuous changes in the diet [21], and periods of coprophagic behaviour [8]. Marked changes in the microbiota can have a direct effect on foal health throughout the first 2 months of life, after which the bacterial populations tend to stabilize [1, 19–21]. The results of PCoA in our study revealed a tighter clustering of the relative abundances of faecal bacterial families in the supplemented foals at T1, indicating a better stabilization of their microbiota compared with the control group. In accordance with De La Torre et al.

[10], who found increased levels of *Enterobacteriaceae* in diarrheic foals at seven days of age with respect to healthy foals, the CTRL group at T1 showed a higher relative abundance of this family compared with the NUCL group. Furthermore, Schoster et al. [1] reported that foals exhibiting a higher prevalence of diarrhoea had lower abundances of *Lachnospiraceae* and *Ruminococcaceae*, as also observed in the CTRL group of our study compared with the supplemented foals at T1.

Nucleotides are reported to enhance butyrate-producing bacteria and genera, such as *Ruminococcus* and *Intestinomonas*, in infants [82]. When considering composition changes (in both groups) between T0 and T1, only the Ruminococcaceae family showed an increase in relative abundance, while Lachnospiraceae was the only fibre-degrading bacterial family to exhibit an increase in relative abundance at T1. This family is regarded a plant polysaccharide-degrader and producer of butyrate [83]. As regards the low abundances of the other fibre-degrading bacteria investigated (Fig. 8, violin plot), this might be explained by the fact that other fibre-degrading organisms (such as fungi and yeasts) play a major role in this pathway in horses. In fact, the degradation of plant fibre is a complex process relying on the combined actions of fungi, bacteria and archaea, and recent studies have highlighted the prominent role of yeasts and fungi in the fibrolytic process [84].

Overall, the faecal bacterial communities found in the present study were in line with the literature, which reports the intestinal microbiota of new-borns to be “non-specific”, only converging over time towards an adult-like one [24]. The differences between the NUCL and CTRL groups were not very remarkable, but this may be due to the much greater differences that characterize the microbiota of new-born versus 35-day-old foals. More precisely, the larger time-dependent changes in the microbiota could have somehow masked smaller differences in the composition of the microbial communities. There is also some evidence that dietary nucleotides may promote the early determination of gastrointestinal bacterial communities, supporting the stabilization of microbiota, as observed in the present study via PCoA clustering. Thus, the higher level of clustering observed in the NUCL group could depend on the maturation of the gut bacterial communities fostered by nucleotide treatment. Furthermore, administration of different quantities of nucleotides was shown to produce different degrees of variation in the bacterial microbiota and metabolites within the host [85]. Further studies would be useful to investigate the correlation between the quantity of nucleotide ingestion and the extent of changes in the microbiota and immune function, as nucleotides administration seem to affect both of them [24].

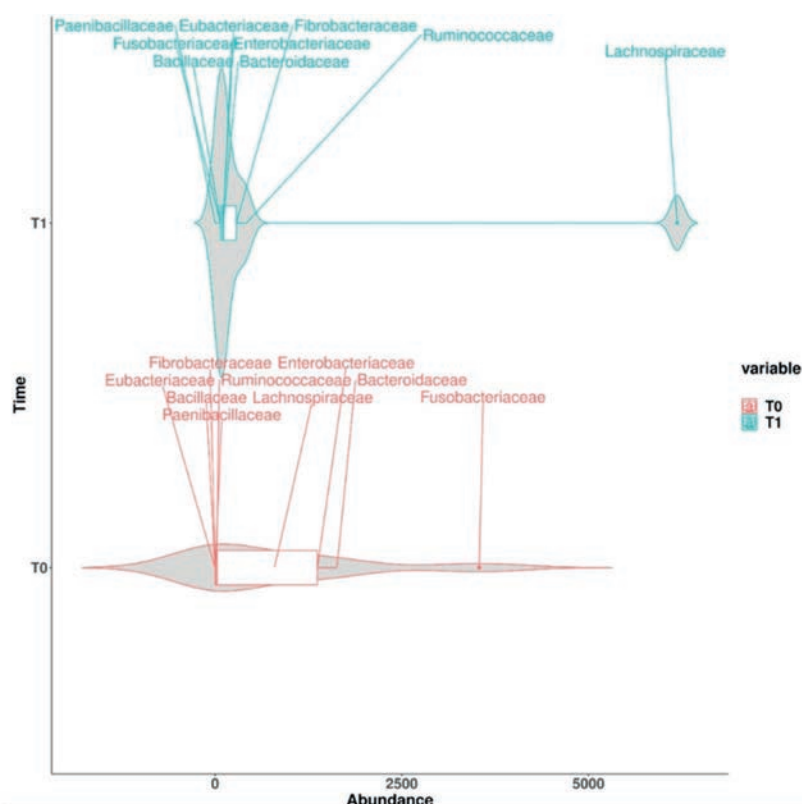


Fig. 8 Violin plot showing the shift in the relative faecal abundances of bacterial families involved in digestion and volatile fatty acid production in foals between the day 1 (T0) and day 35 (T1) of birth. At T0 the examined families display a wider distribution pattern and are more abundant compared with at T1, when the abundance of each family was uniformly low, with the exception of Lachnospiraceae

Similarly, it may be worth exploring if early stabilization of the gut flora could have an effect in the long term during the horse life.

In the present work, foals from NUCL and CTRL group were also observed to have different clinical outcomes with respect to diarrhoea presentation. This is particularly relevant considering that both groups came from the same breeding farms and the animals were exposed to identical environmental and management conditions. In addition, significant differences were detected in faecal VFA between the two groups at T1, with higher total VFA in the NUCL group compared with controls. Volatile fatty acids (in particular butyrate) appear to regulate the expression of genes involved in controlling the proliferation, differentiation and apoptosis of intestinal epithelial cells [86]. Furthermore, VFA are the main and favourite metabolic substrate of colonocytes, providing them with approximately 60–70% of the energy requirements necessary for proliferation and differentiation in the equine colonic mucosa [87]. We must also remember that although faecal VFA concentration may not represent the actual caecal levels of VFA, they can provide indirect information about changes in VFA production

[88]. Julliand et al. [89] reported that the concentration of fibrolytic bacteria and acetate production were lower in horses fed a diet based on hay and barley compared with a diet of hay only. In our study we saw an increase in acetate production in the NUCL group, which may explain a better adaptation of foals to a fibrous diet compared with the CTRL group. In general, in the foals receiving the nucleotide supplementation we observed a higher concentration of the main VFAs normally produced by the adult horse (namely, acetic acid, propionic acid and butyric acid) [90] compared with the CTRL group. This difference may mean that bacterial colonization of the hindgut and subsequent VFA production had occurred earlier in foals receiving nucleotides compared with untreated foals. This may mean that the foals receiving the nucleotides were able to adapt more readily to the dietary changes associated with the start of weaning. Another aspect that should be considered is the concentrations of butyric acid in faeces of foals treated with nucleotides. In particular, the concentration of faecal butyrate was higher in the foals of the NUCL group compared with in those receiving the placebo. This can be considered a positive aspect as butyric acid is a final

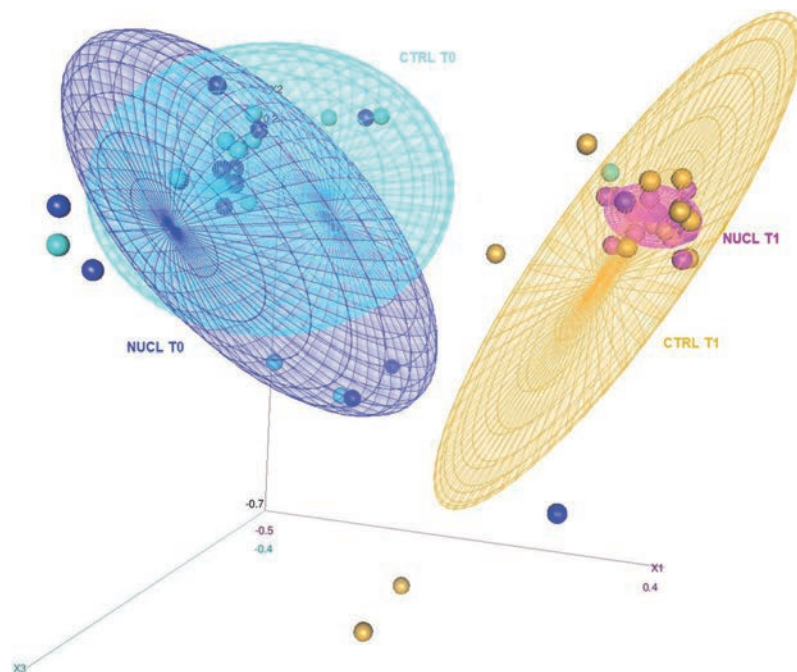


Fig. 9 3D PCoA plot with ellipse showing microbiota clusters of foals divided according to treatment group (Jaccard MetaMDS). Each dot represents the bacterial microbiota of a foal at T0 or T1. The NUCL T0 and CTRL T0 clusters are distinct to those for NUCL T1 and CTRL T1, and NUCL T1 samples are more closely clustered compared with those for CTRL T1

product of the microbial fermentation of fibre, and some studies have shown how it positively influences the health of the intestine, promoting the differentiation of colonocytes, exerting an anti-inflammatory effect and modulating oxidative stress [91]. Thus, the greater concentration of faecal butyrate in the foals of the NUCL group could be considered an index of intestinal well-being, in particular of enterocyte health, thus also explaining the decrease in the incidence of diarrhoea in these foals. Finally, the higher level of iso-butyric acid in the foals receiving the nucleotide supplement may also benefit their health, being involved in the degradation of the plant cell wall, promoting their digestion [92].

The main limitations in this study were due to the relatively small number of faecal samples for the microbiota analysis and the lack of assessment of the mares microbiota for comparison. In addition, the lack of a vaccination challenge and the short duration of the trial may have concealed longstanding effects of nucleotide supplementation.

Conclusions

The management of diarrhoea in foals presents a difficult task for both owners and equine veterinarians. As such, it is important to find new approaches to prevent and minimize these events. The use of dietary nucleotides in this study successfully decreased the incidence

and gravity of diarrhoea episodes in new-born foals, as already demonstrated in other species. In addition, the increased growth rate recorded for the supplemented group and the beneficial changes noted in the gut microbiota further support the validity of using dietary nucleotides in these animals.

Abbreviations

BW	Body Weight
CTRL	Control group
DM	Dry matter
GC	Girth Circumference
HPLC	High Performance Liquid Chromatography
NUCL	Nucleotide group
PCoA	Principal Coordinate Analysis
SEM	Standard Error of the Mean
VFA	Volatile Fatty Acids

Supplementary Information

The online version contains supplementary material available at <https://doi.org/10.1186/s13620-025-00294-3>.

Supplementary Material 1
Supplementary Material 2
Supplementary Material 3

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Authors' contributions

LPe and LPr designed the study. LPr and PGT supervised this study. LPe performed the sample collection, analyzed the data and was the major contributor in writing the manuscript. EP contributed to sample collection and data analysis. TN, AB and EV contributed to the selection of foals, the creation of the work timeline and manuscript drafting. UA performed the statistical data processing and analysis. GR contributed to the selection of foals, the inclusion criteria and supplement administration. PGT and JH analyzed and interpreted the data regarding the faecal bacterial microbiota and contributed to the drafting of the manuscript in relation to the microbiota analysis. SB and GP performed the blood sample analyses. SA and LC performed the VFA analyses. All authors have read and approved the final manuscript.

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Data availability

The datasets used and/or analysed during the current study are available from the corresponding author on reasonable request.

Declarations

Ethics approval and consent to participate

The study was approved by the Ethics Committee of the University of Turin (Ethical approval prot. n. 567, University of Turin). The owner of each breeding centre provided their written informed consent to participation to the study.

Consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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